



CARE AT HOME

# Prestige Nursing + Care support with living safely, happily and as independently as possible in your own home.

Established in 1945 Prestige Nursing + Care provides trusted, professional and friendly private care at home services for people of all ages who need support to live safely and independently in their own home.

To find out more about how we can support your requirements, please contact:

**0800 0237 222**

[info@prestige-nursing.co.uk](mailto:info@prestige-nursing.co.uk)

**Prestige**  
Nursing+Care

[www.prestige-nursing.co.uk](http://www.prestige-nursing.co.uk)

## Considering care at home

### Deciding that the time has come to consider choosing care options for yourself or a family member may not always be an easy decision.

We are here to help you to decide upon the best care choice possible for you or your family. Remaining in your own home has positive benefits such as.

- ✓ Remaining independent
- ✓ Flexibility of a personalised service
- ✓ Social inclusion to support mental health and well-being
- ✓ Familiar surroundings, whilst remaining close to friends and family
- ✓ Affordability

### Your trusted partner for care at home

Our professional teams are carefully selected, vetted and highly trained, through our robust recruitment and training programme.

We work closely with GP practices, community health teams, the NHS and local authorities. Every branch has a 24-hour Careline, and you can speak with us at any time, day or night.

### Care at home designed for you

All individuals in our care have a unique person-centred care and support plan tailored to match your exact needs, from how long and how often we visit, to the type of care and support you want.

The services that we offer range from companionship through to specialist care.

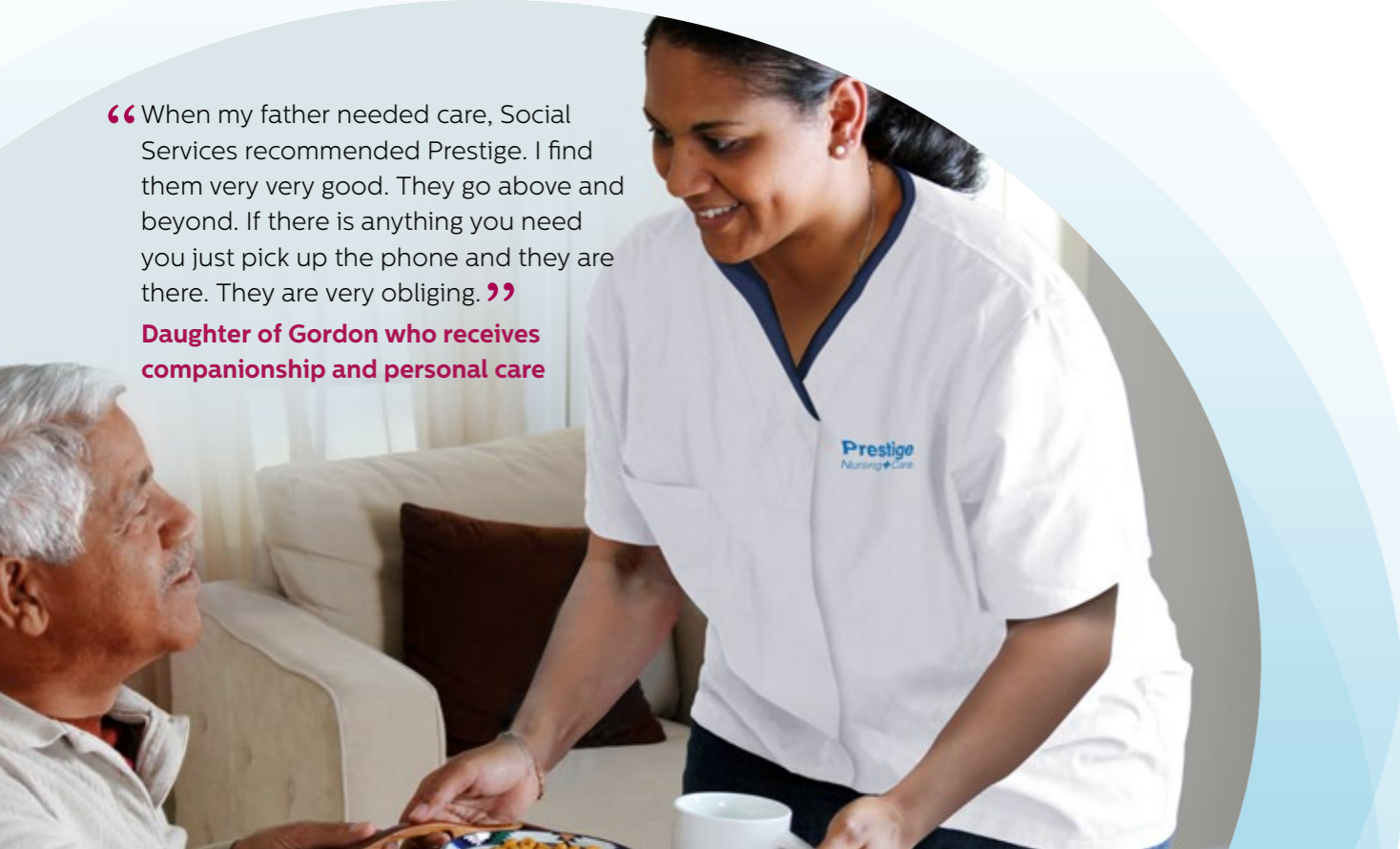
### Companionship services

Supporting you or a family member to help maintain independence at home and within the community:

- ✓ Medication reminders
- ✓ Help with meal preparation
- ✓ Light housekeeping
- ✓ Dressing guidance
- ✓ Laundry
- ✓ Occasional transport to a medical appointment
- ✓ Shopping
- ✓ Socialising in the community

“When my father needed care, Social Services recommended Prestige. I find them very very good. They go above and beyond. If there is anything you need you just pick up the phone and they are there. They are very obliging.”

**Daughter of Gordon who receives companionship and personal care**



“My experience of Prestige is that the standard of care I receive is exceptional, my anxiety levels are greatly reduced due to having a fabulous care team. Having Prestige as a support and care provider gives my family peace of mind. I am able to live my life, worry and stress free.”

**Client survey feedback April 2020**

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### The Prestige Nursing + Care Admiral Nurse

Admiral Nurses like ours can be a lifeline for a family affected by dementia. When things get challenging or difficult, our Admiral Nurses work alongside people with dementia, and their families to give them expert guidance and practical solutions.

### Specialist care at home

Our specialist care services, managed and overseen by our expert clinical team, provide more intensive and nurse-led assistance for specific health, rehabilitation and psychological needs. These can range from long-term conditions, deteriorating health, acquired injuries and neurological conditions, to learning disabilities.

You or a loved one may require clinical interventions such as stoma care, complex bowel management, gastronomy/PEG feeding, suctioning, tracheostomy care and home oxygen therapy which we are able to provide with expert nurse-led care.

Being led by our expert clinical team, enables us to reduce or remove some of the worry from loved ones, by working in collaboration with loved ones and multi-disciplinary teams such as GPs, physiotherapists and community teams to ensure holistic care is provided to individuals to achieve positive health and wellbeing outcomes.

### Personal care

Practical assistance with the more basic activities in daily life to retain independence and confidence:

- ✓ Bathing and showering
- ✓ Oral hygiene
- ✓ Maintaining personal appearance
- ✓ Toileting and continence care
- ✓ Transferring and positioning in the home
- ✓ Mobility support
- ✓ Medication monitoring
- ✓ Nutrition, including special dietary requirements

### Dementia Care at home

For individuals with Alzheimer's disease, or other forms of dementia, living at home in a familiar environment can be helpful as it provides memory cues that can reduce confusion and stimulate mental wellbeing. Prestige Nursing + Care support those living with dementia with:

- ✓ Structured activities geared to yours or a loved one's interests and capabilities, to support well-being
- ✓ Guidance regarding any home modifications
- ✓ Signposting to medical professionals, support groups, and other resources
- ✓ Admiral Nurse advice and expertise incorporated into your care plan

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**Memberships and partnerships**

