

Young Adult Learning Disabilities

Snapshot

20 year old *Henry has learning disabilities, ASD, ADD, visual impairment and sensory integration disorder. He lives at home and requires 24/7 support. Henry's carers support his need for independence as an adult and give his parents some welcome respite. Henry enjoys the freedom he now has. His mother, *Julie, values the reliability and flexibility, which enable the family to lead a more normal life. She appreciates the 'can do' attitude of the team and plans to extend the care.

“The Prestige carers have made a huge difference to our lives. I've always felt that Prestige is very supportive. It's really flexible care and that's what I really appreciate.”

Julie, Henry's mum

For more information please contact us via email on info@prestige-nursing.co.uk or call **0800 0237 222**

Interventions

Administration of medication; personal care and organisation; companionship; respite.

Henry and family's goals

Henry struggles with sensitivity to noise and busy crowds. He is also impulsive and needs 1-to-1 support for independence and to go out. He cannot be left alone for more than 20 minutes so is reliant on his parents. Henry wanted young carers who would provide companionship whilst mum, Julie also wanted to create a more normal family life for Henry's younger brother.

Meeting the needs

Prestige was recommended to Julie who was delighted by our rapid and immediate response. Our nurse, who understood Henry's disorder, carried out the assessment. We chose young, experienced carers who had complex care and learning disability training. Julie was impressed that there was an assessment after 6 weeks and regular follow ups. The carers look after Henry on Saturday evenings, take him out and help him with tasks such as cooking and his finances, sometimes staying overnight. Julie appreciates the office support "You've got a great team, flexible, communicative and responsive. You always find cover which I've not had with other agencies."

The carers

*David and *Callum are Henry's main carers. Henry calls them his 'PAs' and Julie says they are "absolutely fabulous with Henry, very caring, empathetic and understanding. Nothing is ever too much trouble for them, they even do my washing up if Henry is relaxing. They know you appreciate that little bit extra. The carers have picked up on Henry's needs very quickly and are never fazed!"

The outcome

Henry can now easily do the activities he enjoys - bowling, restaurants and recently playing bingo. He says, "I value the carers as they give me my independence. They take me out and help me with noise. If I hear a small child crying, I have to put my headphones on because I don't like loud noises." Julie and her husband now regularly go out for dinner, meet friends and take Henry's younger brother out or even have a night away. Henry is happy that he can choose what to do, no longer feeling so frustrated. In fact, he is so happy with Prestige that he would like to work in our ICT department!

Working in partnership

Adult Social Care assessed Henry's and the family's needs and provide the budget for his care. They also review Henry's care plans. Prestige has been supporting the family for two years.